

MINNEAPOLIS PLASTIC SURGERY, LTD

763-545-0443

After hours: If answering service does not pick up call 763-520-4404

AFTER SURGERY INSTRUCTIONS

BLEPHAROPLASTY

- Apply ice packs to the protected skin (dry cloth) in the eyelid areas for 24-48 hours.
- Wear sunglasses for the first 48 hours after surgery.
- Administer Lacri-Lube ophthalmic ointment at night. Eye drops are to be used as needed.
- Take your medications as prescribed. See separate page.
- Call the doctor if you notice any progressive swelling, bleeding, or soreness, particularly if you notice the difference in only one eye.
- It is necessary that you stay quiet and do little talking for the next 24 hours, as excessive activity may cause bleeding to occur.
- Sleep with your head elevated above heart level for 14 days. This will help decrease swelling and soreness.
- No lifting of objects greater than 5 lbs.
- You may drink liquids when you arrive home. If you are not nauseated, by evening you may have a light meal.
- DO NOT drink any alcoholic beverages (beer and wine included) for 5 days or while taking pain medication. Alcohol, medications and/or anesthetic drugs may interfere with good judgment.
- DO NOT hesitate to call the doctor's office if you have any questions about your recovery.
PHONE: 763-545-0443.