

MINNEAPOLIS PLASTIC SURGERY, LTD

763-545-0443

After hours: If answering service does not pick up call 763-520-4404

AFTER SURGERY INSTRUCTIONS:

FACELIFT

FOREHEAD LIFT

- Take your medications as prescribed. See separate page.
- Call your doctor if you notice progressive swelling (some swelling is to be expected), bleeding, or soreness, particularly if you notice the difference only on one side of your face.
- It is necessary that you stay quiet and do little talking for the next 24 hours, as excessive activity may cause bleeding to occur.
- Sleep with your head elevated above heart level for 14 days. This will help decrease soreness and swelling.
- Keep ice packs applied to the sides of your face and/or eyes for 24-48 hours.
- Keep the dressings around your head dry and intact until you see your doctor.
- You may drink liquids when you arrive home. By evening, if you are not nauseated, you may have a light meal.
- DO NOT drink any alcoholic beverages (beer and wine included) for 5 days or while taking pain medication. Alcohol, medications and/or anesthetic drugs may interfere with good judgment.
- DO NOT lift any objects greater than 5 lbs.
- Someone from Minneapolis Plastic Surgery will call you this evening to inquire about your condition and answer any questions you may have.
- Do not hesitate to call the doctor's office if you have any questions about your recovery.
PHONE: 763-545-0443